

Fred L



“Fred L” (not his real name) is one of the thousands of homeless people living in Greater Vancouver. Fred, a band member from Alberta, came to Vancouver in 2019 looking for work opportunities. He lost his job due to a workplace injury, was unable to pay rent and ended up on the streets. Fred also suffers from depression. “It’s hard for people like me to get and hold down a job. And even if we get a job, rent is so high that it’s impossible to make ends meet.”